

**2d International Dental Sleep Medicine Congress in La Frontera
VIII Scientific Conference TMD and OFP UFRO
IV Meeting of Specialty program in TMD and OFP UFRO**

CONGRESS PROGRAM

• **Thursday 05 December 2024**

Schedule	Main Auditorium (Aula Magna)
8.00-9.00 hrs	ACCREDITATION
9.00-9.45 hrs	Opening Ceremony
9.45-10.30 hrs	Dr. Gilles Lavigne (CAN) Sleep Bruxism: Past, Present and Future
10.30-11.00 hrs	Coffee Break
11.00-11.45 hrs	Dr. Antonio Romero (ESP) Personalized approaches to the Dental Sleep Medicine patient: Phenotyping, endotyping and individualized treatments
11.45-12.30 hrs	Dr. Gary Heir (USA) Emotional Effects of Poor Sleep and its impact on Pain and Recovery
12.30-13.30 hrs	Questions and Answers
13.30-14.30 hrs	Lunch & Learn (Workshops 1 and 2)
15.00-15.45 hrs	Dr. Miguel Meira e Cruz (PORT) Ticking in TMDs: relationship between internal clocks and the causes of TMD and OFP.
15.45-16.30 hrs	Coffee Break
16.30-17.15 hrs	Dr. José Manuel Torres Hortelano (ESP) Utility of Respiratory Polygraphy, Peripheral Arterial Tonometry and other portable devices in the Diagnosis of Respiratory Sleep Disorders
17.15-17.45 hrs	Book Launch: Odontología en Medicina del Sueño 2 Multidisciplina Odonto-Médico-Legal actual Mexican Association of Dental Sleep Medicine Dr. Juan Manuel Cortés Mejía
17.45-18.30 hrs	Questions and Answers
18.30 hrs	Welcome Cocktail (Main Auditorium's Hall)

• **Friday 06 December 2024**

Horario	Main Auditorium (Aula Magna)
8.00 – 10.30 hrs	Free Themed Lectures (Room 101 and 202)
10.30-11.00 hrs	Coffee Break
11.00-11.45 hrs	Cibele Dal Fabbro (BRA) Sleep Bruxism, OSA and Insomnia
11.45-12.30 hrs	Dr. Gilles Lavigne (CAN) Sleep and Orofacial Pain
12.30-13.30 hrs	Questions and Answers
13.30-14.30 hrs	Lunch & Learn (Workshops 3 and 4)
15.00-15.45 hrs	Dr. Álvaro Retamales (CHI) Epilepsy and Sleep
15.45-16.15 hrs	Coffee Break
16.15-17.00 hrs	Dr. Thomas Bornhardt (CHI) Addressing some Definitions in Dental Sleep Medicine



17.00-17.30 hrs	Questions and Answers
17.30-18.30 hrs	Awards and Closure
20.30 hrs	Camaraderie dinner (pay in advance)

*The official language of the congress is Spanish, but simultaneous translation will be provided.

Lunch & Learn (Workshops):

Workshops	Speaker	Time
Thursday 05 December 2024		
Workshops 1: Restless legs syndrome	Dra. Vivian Wanner	13.30-14.30 hrs.
Workshops 2: Stroke and Sleep	Dr. Rodrigo Rivas	13.30-14.30 hrs.
Friday 06 December 2024		
Workshops 3: Asthma and Seep in children	Dr. Juan Andrés Navarro	13.30-14.30 hrs.
Workshops 4: Evaluation of the Upper Airway: An Otolaryngologic Perspective	Dr. Miguel Henríquez	13.30-14.30 hrs.