



3rd International Dental Sleep Medicine Congress in La Frontera
1st International Congress on Regenerative and Minimally Invasive Medicine in TMD
IX Scientific Conference TMD and OFP UFRO
V Meeting of Specialty program in TMD and OFP UFRO

CONGRESS PROGRAM

• **Wednesday, November 26, 2025**

Schedule	Main Auditorium (Aula Magna)
8.00-9.00 hrs	ACCREDITATION
9.00-9.30 hrs	Opening Ceremony
9.30-10.30 hrs	Dra. Alma Luna (MEX) "Maxillary Dysfunction in Growing Patients with Sleep-Disordered Breathing"
10.30-11.00 hrs	Coffee Break
11.00-11.45 hrs	Dra. Musme Soto (MEX) "Myofunctional Therapy in Pediatric patients with Sleep-Disordered Breathing"
11.45-12.30 hrs	Ps. Sandra Sacks (CHI) "Cognitive Behavioral Therapy in Sleep Medicine"
12.30-13.30	Questions and Answers
13.30-14.30 hrs	Lunch & Learn (Workshops 1 and 2)
	Presentation of Free Topics (Aula Magna)
14.30-14.50 hrs.	"Biomolecular Changes Associated with Joint Distraction in Osteoarthritis: Review Applied to the TMJ" Escobar Carla; Farias Camila; Flores Daniela; Iturriaga Verónica
15.00-15.20 hrs.	"Obstructive Sleep Apnea in Women: Clinical manifestations and hormonal influence throughout life" Ramos Olivero, Daniela
15.30-15.50 hrs.	"Characterisation of patients treated for joint-related TTM: Distribution by pathology subtype" Palma, Valentina; Iturriaga, Verónica; Velásquez, Nicol; Baeza, Josefa; Bornhardt, Thomas; Benavente, Catalina
16.00-16.20 hrs.	"Cell Transdifferentiation for Joint Repair: From Fibroblasts to Functional Mesenchymal Cells" Betancur, Raúl; Farías, Camila; Iturriaga, Verónica.
16.30-17.00 hrs	Coffee Break
17.00-17.45 hrs	Dr. Jairo Roa (COL) "DAM: Scientific Evidence and Clinical Results"
17.45-18.30 hrs	Questions and Answers
18.30 hrs	Welcome Cocktail (Main Auditorium's Hall)

• **Thursday, November 27, 2025**

Horario	Main Auditorium (Aula Magna)
9.00-10.00 hrs	Dr. Alberto Landaia (CHI) "DISE: Clinical Experience in Obstructive Sleep Apnea"
10.00-10.30 hrs	Coffee Break
10.30-11.30 hrs	Dra. Erika Quintanilla (CHI) "Mood, Snxiety, and Sleep"
11.30-12.30 hrs	Dra. Catalina Torres (CHI) "Sleep Medicine and Lifestyle"
12.30-13.00 hrs	Questions and Answers
13.30-14.30 hrs	Lunch & Learn (Workshops 3 and 4)
15.00-15.30 hrs	Dr. Antonio Romero (ESP) "A paradigm shift in Regenerative Medicine for the treatment of Chronic Musculoskeletal Pain"
15.30-16.15 hrs	Dr. Joseph R. Cohen (USA) "Review and current status of Regenerative Medicine in Temporomandibular Disorders"
16.15-16.45 hrs	Coffee Break
16.45-17.15 hrs	Dra. Verónica Iturriaga (CHI) "Current approach to the use of Hyaluronic Acid in Temporomandibular Disorders"
17.15-18.00 hrs	Questions and Answers
18.00 hrs	Official event photograph (Hall Aula Magna)



- Friday, November 28, 2025

Horario	Main Auditorium (Aula Magna)
9.00 – 10.00 hrs	Dr. Javier Hidalgo (ESP) “The role of Ozone therapy in Regenerative Medicine applied to Temporomandibular Disorders”
10.00-10.45 hrs	Dr. José Manuel Torres (ESP) “Growth Factors derived from Plasma in Temporomandibular Joint Pathology”
10.45-11.15 hrs	Dra. Francisca Alcayaga-Miranda – Dra. Jimena Cuenca - IMPACT Center (CHI) “Mechanisms of action of Extracellular Vesicles derived from Mesenchymal Stromal Cells in Osteoarthritis”
11.15-11.45 hrs	Coffee Break
11.45-12.30hrs	Dr. Ricardo Tesch (BRA) “Ultrasound-Guided Chondroprogenitor Cell Therapy for TMJ Osteoarthritis: A Translational Approach Toward Tissue Regeneration”
12.30-13.30 hrs	Questions and Answers
13.30-14.30 hrs	Lunch & Learn (Workshops 5 and 6)
15.00-15.45 hrs	Dr. Jacinto Fernández Sanromán (ESP) “Minimally Invasive Therapies in TMJ Arthroscopy”
15.45-16.15 hrs	Coffee Break
16.15-17.00 hrs	Dr. Joao Ferreira (PORT) “Magnetic 3D bioprinting of skeletal muscle spheroids for the management of muscle pathologies”
17.00-17.30 hrs	Questions and Answers
17.30-18.30 hrs	Awards and Closure
20.30 hrs	Camaraderie dinner (pay in advance)

* The official language of the congress is Spanish, but simultaneous English translation will be provided.

- Lunch & Learn (Workshops):

Talleres	Expositor(a)	Horario
Wednesday, November 26, 2025		
Workshop 1: Measuring the Airway	Dra. Sylvia Osorio	13.30-14.30 hrs.
Workshop 2: Myofunctional Therapy	Dra. Musme Soto – Dra. Alma Luna	13.30-14.30 hrs.
Thursday, November 27, 2025		
Workshop 3: Orthoapnea NOA: Mandibular Movement Engineering for the Treatment of Obstructive Sleep Apnea	Dr. Vicente Wielandt – Rosana Cid	13.30-14.30 hrs.
Workshop 4: Therapeutic planning in Regenerative Medicine for TMJ	Dr. Thomas Bornhardt – Dr. Hugo Landaeta - Dr. Antonio Romero	13.30-14.30 hrs.
Friday, November 28, 2025		
Workshop 5: Consensus on TMJ arthroscopy indications	Dr. Andrés Rosa – Dr. Carlos Gaete – Dr. Jacinto Fernández Sanromán – Dr. Daniel Jerez -Dra. Verónica Iturriaga – Thomas Bornhardt – Nicol Velásquez – Camila Cerda	13.30-14.30 hrs.
Workshop 6: Ultrasound in Temporomandibular Disorders.	Dra. Sylvia Osorio	13.30-14.30 hrs.